

## RECREATION

They're wanting more recreation, Father.

They want to enjoy

gyms,  
parks,  
skate parks,  
festivals,  
sport—

Even to *watch* sport would be enough for some.

They need their recreation.

For earlier generations,

Recreation was a novelty,

A rare opportunity in the business of survival.

It continues so for many throughout the world.

But we are lucky.

Recreation is part of our daily timetable.

We demand our recreation,

Moments to re-energise.

You, Father, offer us even better—

Re-creation.

Not simply a moment to be re-energised,

But a lifetime to be renewed,

re-created,

re-born

In Christ.

*Jesus answered, 'I am telling you the truth: no one can see the Kingdom of God without being born again.'* (John 3: 3, GNT)

*So get rid of your old self, which made you live as you used to—the old self that was being destroyed by its deceitful desires. Your hearts and minds must be made completely new, and you must put on the new self, which is created in God's likeness and reveals itself in the true life that is upright and holy.* (Ephesians 4: 22–24, GNT)